

## **RESUME**

**R.NITHYA**

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### **PROFESSIONAL OBJECTIVE**

- ❖ To obtain a challenging position in a professional organization and affiliated with a prestigious institution.
- ❖ To improve the standards of profession and empowering them with necessary skills, qualities, knowledge and to enhance my skills and strength in conjunction with the institutional goals and objectives.

### **SKILLS**

- ❖ Good communication skills.
- ❖ Ability to plan, organize and prioritize the work.
- ❖ Enhance flexibility, adaptability and patience.
- ❖ Welcomes responsibility.

### **Work Experience**

- ❖ 6 Month work experience in cardiac Unit at Bethesda Hospital, Nagercoil, from October 2015 to April 2016.
- ❖ 2 year's 11Month work experience in Cardiac Unit at Sri Ramachandra Hospital, Chennai, from May 2016 to April 2019.

### **Education Qualification**

- ❖ Registered Nurse and Midwifery in Tamil Nadu Nursing Council, Chennai
- ❖ Bachelor of Science in nursing (2011-2015) St. Xavier Catholic College of Nursing, Nagercoil.
- ❖ MSc in Medical surgical Nursing (Critical care Nursing) Sardar Rajas College of Nursing, Kavalkinaru.

### **CONFERENCES AND WORKSHOPS**

- ❖ Attended workshop on First Aid in Sardar Rajas College of Nursing at Tirunelveli district.
- ❖ Attended conference on capacity building of nurses on research Methodology at Dr, Sivanthi Aditanar College of Nursing, Tiruchendur.
- ❖ Attended conference on Critical care Nursing at Sri Mookambika Medical College, Kulasekharam.

### **PG PROJECTS**

- ❖ A study to assess the effectiveness of Balloon blowing exercises on respiratory parameters among patient with chronic obstructive pulmonary diseases in selected hospitals at Kanyakumari District.
- ❖ A descriptive study to assess the knowledge regarding Needle stick injury among student nurses studying in selected nursing college at Tirunelveli district.
- ❖ A study to assess the Knowledge regarding patient safety among 2<sup>nd</sup> Year Bsc(N) Students in selected nursing college at Tirunelveli district.

### **Personal Details**

Husband Name	: Ginesh
Date of birth	: 01.12.1993
Gender	: Female
Nationality	: Indian
Marital status	: Married
Religion	: Roman Catholic Christian
Languages known	: English, Tamil
Permanent Address	: 384A Abiraham street, Puthukudirrupu, Nagercoil, Kanyakumari District, Tamil Nadu, PIN 629201

### **Declaration**

I hereby declare that the above information is true and correct is the best of my knowledge and belief.

Place: Nager coil

Date: 19- 06 -2024

(Signature)  
R.Nithya